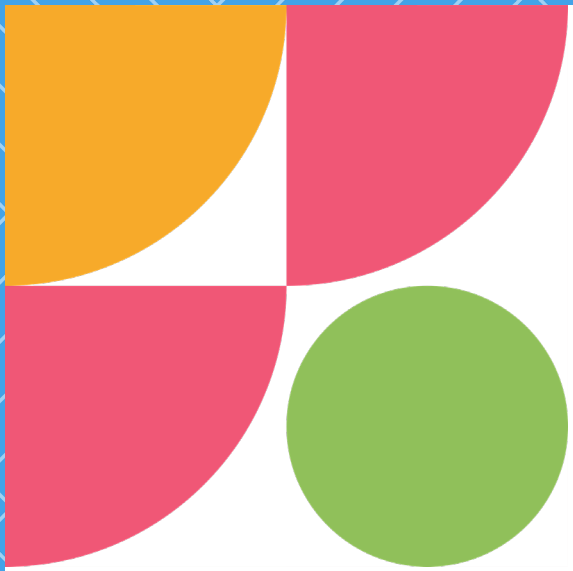


# Yes, and Leadership

An Improviser's Guide to Connection, Communication and Creativity

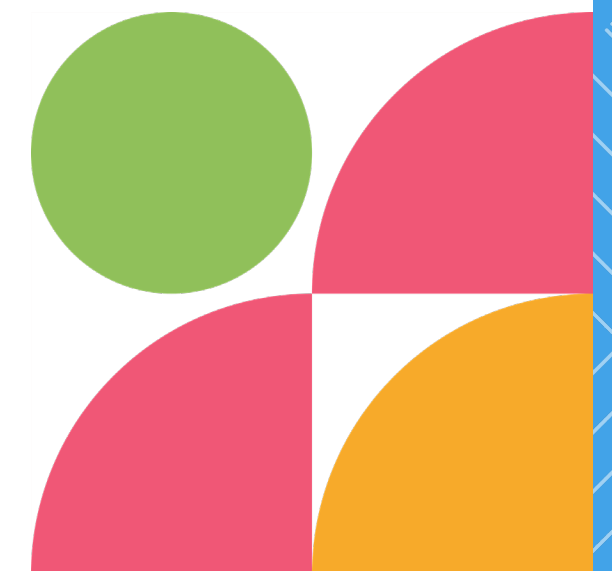
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Tane Danger M.P.P.

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Co-Founder

Danger Boat Productions

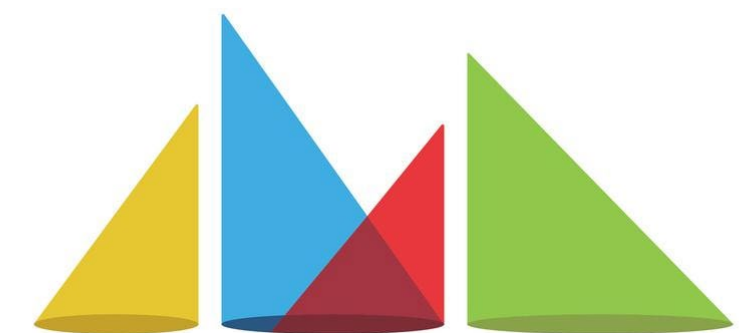






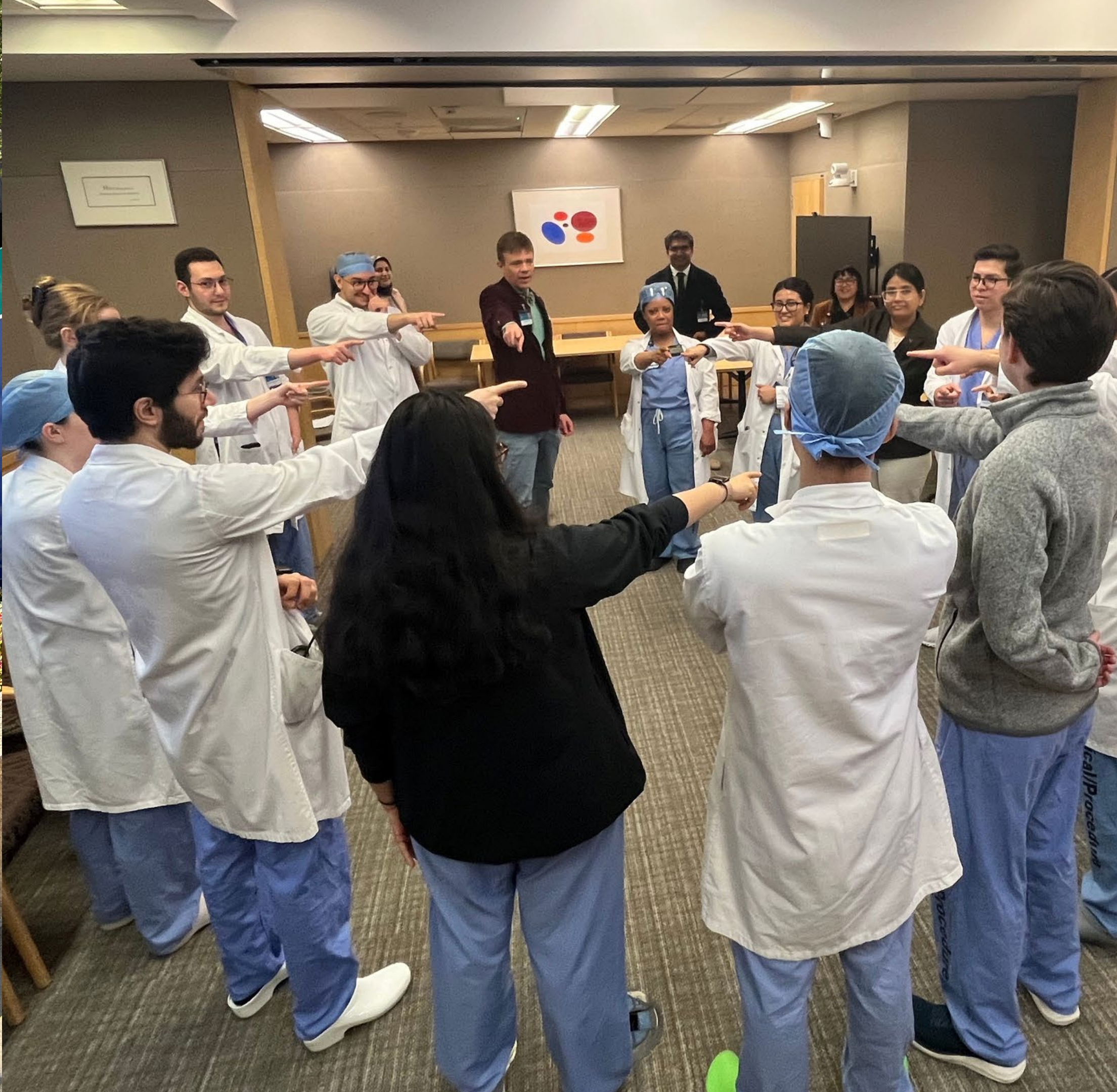
**“IMAGINE C-SPAN  
BEING SUDDENLY  
SWARMED BY  
THE CAST  
OF SNL”**

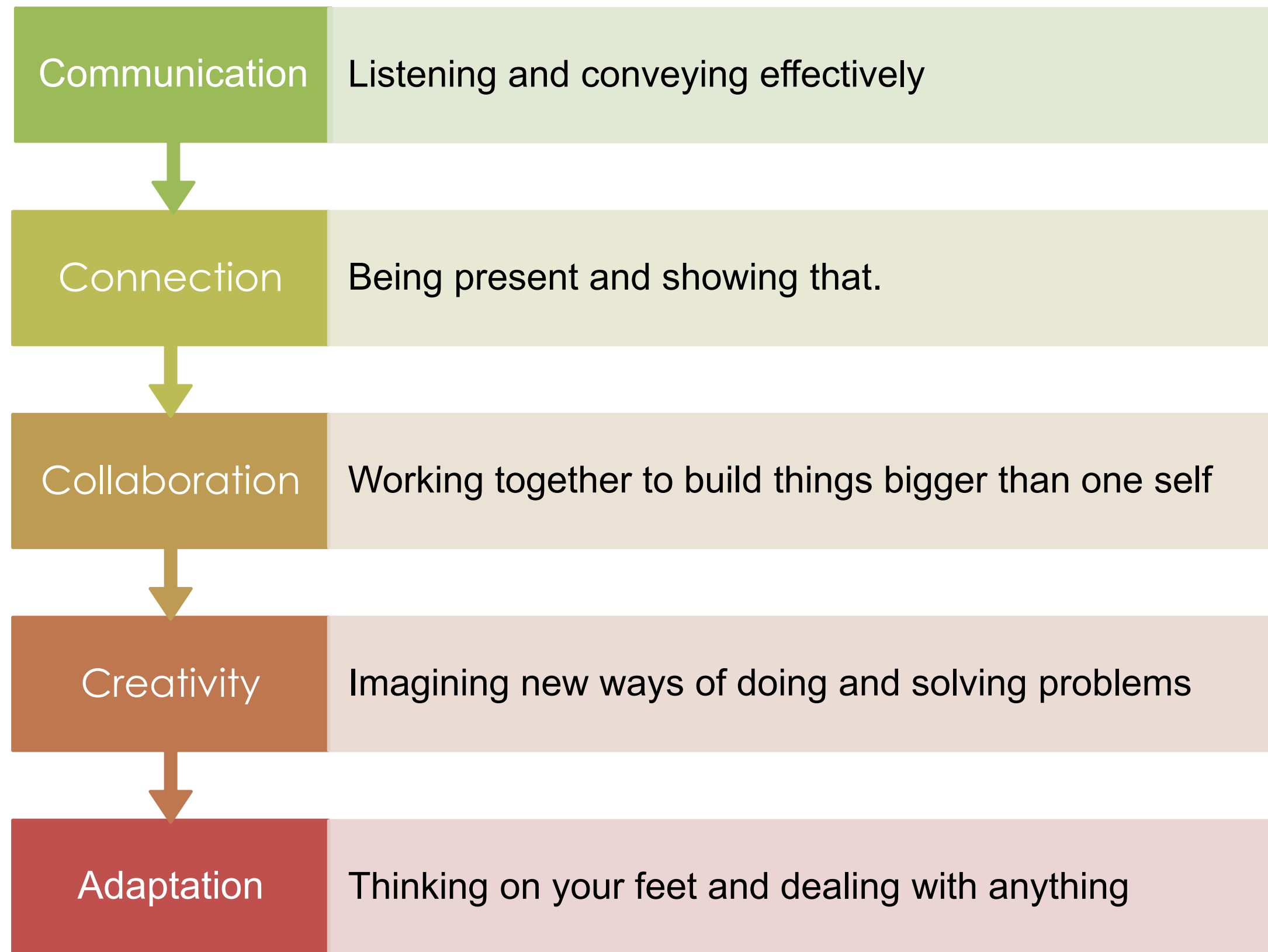
— *Minneapolis Star Tribune*



**DANGER BOAT**  
*productions*









# Loser Ball





How do we show up  
differently when we  
know we'll be  
supported?





**“PSYCHOLOGICAL SAFETY  
ENCOMPASSES  
FOUNDATIONAL CONCEPTS  
OF TEAMWORK SUCH AS  
FOSTERING TRUST AND  
SAFETY, EMBRACING NEW  
IDEAS, AND ADVANCING  
THE TEAM ABOVE ONE'S  
OWN EGO”  
(EDMONDSON, 1999, 2018).**

**Fight!**

# Hyperarousal

Anxiety, Panic, Feeling of being Overwhelmed

**Flight!**

## Window of Tolerance



Calm, Grounded, Present

# Hypoarousal

Exhaustion, Disconnection

Siegel D *The Developing Mind.*

**Freeze!**

**Shutdown...**



**HIGH-QUALITY, ACTIVE  
LISTENING** MAY OFTEN BE  
EMPLOYED TO HELP PEOPLE  
SATISFY GOALS RELEVANT  
TO FORMING AND  
MAINTAINING COMMUNAL  
RELATIONSHIPS.

**(EDWARD P. LEMAY JR. 1,  
BONNIE M. LE2 AND  
MARGARET S. CLARK, 2023).**





# More and Better Together

“THE MORE THAT DIVERSE PEOPLE  
AND CONCEPTS COLLIDE, THE  
GREATER CHANCE OF NON-  
OBVIOUS CONNECTIONS AND  
REVELATIONS.”  
(JOHNSON, 2010).



No, because...

Yes, but...

Yes, and...

POSITIVE AFFECT AROUSES CURIOSITY, REDUCES ANXIETY  
AND WAS SHOWN TO INCREASE CREATIVE THOUGHT  
PROCESSES (ISEN ET AL., 1987)

YOU ARE MORE LIKELY TO MAKE INSIGHT CONNECTIONS AND  
CREATIVELY SOLVE PROBLEMS IF YOU ARE IN A POSITIVE  
MOOD  
(GREENE & NOICE, 1988; JAUSOVEC, 1989).

# QUANTITY OF IDEAS VS CREATIVITY OF IDEAS

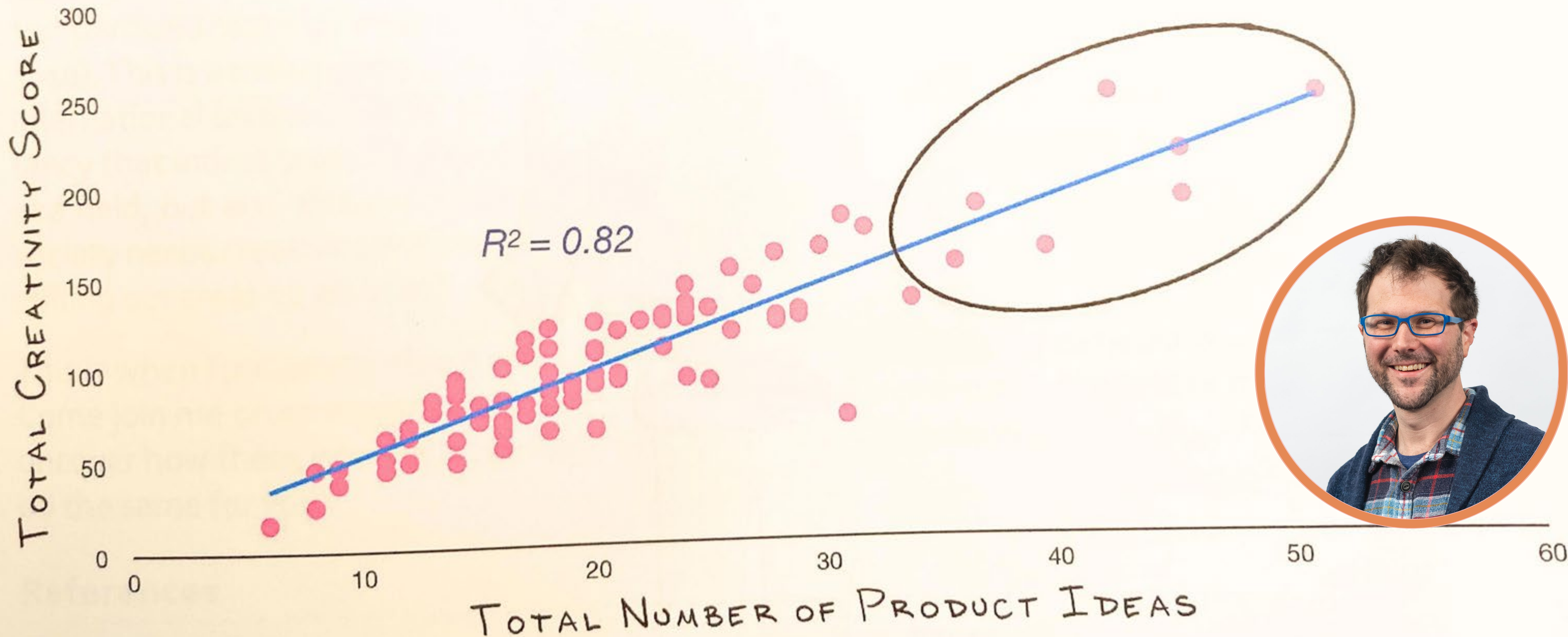


Figure 0.1 A visual of the relationship between creativity scores and quantity of ideas in the Kudrowitz & Wallace (2012) product idea generation study. The dots represent individual participants in the study including designers, engineers, and students. The circled dots were professional improvisational comedians.

# What Improv Can Teach Us



Psychological Safety



We can do more together



Everything is a gift



Say, "Yes, and..."



You have everything you need





# THANK YOU



## Tane Danger

Danger Boat Productions

Ta n e @ d a n g e r b o a t . n e t